

HOW TO WASH USED BOTTLES

The purpose behind recycling your bottles is to remove the previous memory and potency in order to completely sanitize.

CLEAN BOTTLE BY BOILING

1. Before emptying, **PEEL OFF THE LABELS**. They are removable.
2. open and pour out contents down the drain.
3. Place the **BOTTLES and glass dropper IN THE POT** for 20 minutes. Try not to use tap water as it may leave a white film/residue
4. Add rubber stopper and plastic rim for last 5 minutes of boiling for a total of 20 minutes of boiling
5. With your **disposable gloves** on, pull apart stoppers into 3 parts – dropper, cap and rubber squeezer part (didn't you know that was it's scientific name?!).
6. Cover bottles in the pot with **distilled, spring or reverse osmosis water** and **BOIL FOR 20 MINUTES**. Cover to help it boil faster & reduce water vaporization!
7. **ADD** the stoppers & parts **FOR LAST 5 MINUTES** only. Otherwise, they degrade quickly.



METHOD #2: DRYING

1. After boiling, **immediately remove hot bottles using tongs**. While not necessary to remove them hot, the heat will them dry faster.
2. To dry, place bottles upside down in a box, basket or high rimmed roasting pan lined with a towel or paper towels.
3. Let them dry for 24-48 before reassembling.
4. Gather stopper tubes & shake to remove excess water from inside. Place them upright in a cup lined with paper towels to dry like pencils in a cup!
5. Squeeze water from the rubber tops. Put them all upright onto paper towels to let the remaining moisture drip down.
6. **BE CAREFUL TO REASSEMBLE STOPPERS PROPERLY OR THEY'LL LEAK!!**



CLEANING ALL YOUR BOTTLES AT ONCE WILL SAVE YOU A LOT OF TIME IN THE LONG RUN.

**Have fun! Get your children to help!
Call your friends & neighbors! Have a bottle washing party!**