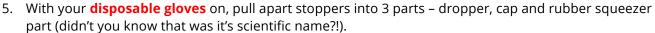


HOW TO WASH USED BOTTLES

The purpose behind recylcing your bottles is to remove the previous memory and potency in order to completely sanitize.

CLEAN BOTTLE BY BOILING

- 1. Before emptying, **PEEL OFF THE LABELS**. They are removable.
- 2. open and pour out contents down the drain.
- 3. Place the **BOTTLES and glass dropper IN THE POT** for 20 minutes. Try not to use tap water as it may leave a white film/residue
- 4. Add rubber stopper and plastic rim for last 5 minutes of boiling for a total of 20 minutes of boiling



- 6. Cover bottles in the pot with **distilled, spring or reverse osmosis water** and **BOIL FOR 20 MINUTES**. Cover to help it boil faster & reduce water vaporization!
- 7. ADD the stoppers & parts FOR LAST 5 MINUTES only. Otherwise, they degrade quickly.

METHOD #2: DRYING

- 1. After boiling, **immediately remove hot bottles using tongs**. While not necessary to remove them hot, the heat will them dry faster.
- 2. To dry, place bottles upside down in a box, basket or high rimmed roasting pan lined with a towel or paper towels.
- 3. Let them dry for 24-48 before reassembling.
 - 4. Gather stopper tubes & shake to remove excess water from inside. Place them upright in a cup lined with paper towels to dry like pencils in a cup!
 - 5. Squeeze water from the rubber tops. Put them all upright onto paper towels to let the remaining moisture drip down.
 - 6. BE CAREFUL TO REASSEMBLE STOPPERS PROPERLY OR THEY'LL LEAK!!



Have fun! Get your children to help!
Call your friends & neighbors! Have a bottle washing party!



